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## Paraneoplastic acral vascular syndrome in a patient with advanced oropharyngeal squamous cell carcinoma; case report and literature review

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#### ABSTRACT

Paraneoplastic acral vascular syndrome (PAVS) is a captivating enigma in the landscape of oncological pathology, characterized by vascular disturbances of the extremities. PAVS is linked to rapidly progressing trajectory and understanding the intricate interplay between cancer and this vascular dysfunction is imperative for timely diagnosis. We describe the case of a 45-year-old cachectic male who presented at the ICU with bilateral tumefied, cyanotic digits, accompanied by acute pain and numbness in both hands. A Digital Angiography described complete obstruction of the digital arteries. Imaging showed a laterocervical tumor mass with pulmonary metastases. This form of digital ischemia likely stems from endothelial dysfunction and prothrombotic effects induced by the tumor through a paraneoplastic mechanism. This case underscores the importance of recognizing acral vascular syndrome, prompting thorough investigation for an underlying malignancy. Ultimately, collective efforts aimed at enhancing our understanding of PAVS and optimizing its management hold promise for improving outcomes and alleviating the burden of this condition on affected patients.

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## Introduction

Paraneoplastic syndromes represent uncommon clinical signs associated with cancer, affecting a spectrum of anatomical sites ranging from internal organs to the skin. Among these syndromes, Paraneoplastic Acral Vascular Syndrome (PAVS) stands out, characterized by vascular irregularities in the extremities concurrent with an underlying malignancy. Clinical features are often nonspecific and may include digital ischemia, acrocyanosis, and digital gangrene [1]. What is the most concerning about this phenomenon is that it typically appears only after metastases already occurred [2].

Le Besnerais et al. suggest a diligent investigation of male patients over 50 presenting with digital ischemia to rule out malignancy [3]. Their cohort study, comprising 100 patients with digital ischemia, revealed 15 cases of associated malignancy and estimated an incidence of 2 PAVS phenomenons in 100,000 per year. The calculated sex ratio (male: female) was 1.14, with a higher susceptibility observed among smokers. Although the prevalence of PAVS remains relatively low, it warrants attention. A search on PubMed yielded only 73 articles in total, spanning all available records.

Herein, we present a case of PAVS in a patient experiencing a recurrence of oropharyngeal squamous cell carcinoma. This article aims to increase awareness of this rare manifestation of malignancy and summarize essential considerations regarding PAVS and paraneoplastic syndromes related to the oropharynx.

#### **Case Presentation**

We present the case of a 45-year-old male who presented to the Emergency Room in March 2022 with bilateral cyanosis of the fingers, which had progressively worsened over the past 4 days. His medical history includes

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keratinized invasive squamous cell carcinoma of the oropharynx (cT3N2M0), diagnosed in September 2021, along with a pulmonary abscess, essential hypertension, and moderate anemia. His treatment for the oropharyngeal malignancy included radiotherapy and six cycles of Paclitaxel-Carboplatin chemotherapy. The patient also underwent percutaneous gastrostomy for nutritional support which was later removed. He had a 25 pack-year smoking history and consumed alcohol occasionally. His home medication included Tramadol for pain management and there was no notable family medical history.

Upon presentation, the patient reported bilateral hand pain, functional impairment, and cyanosis of the fingertips bilaterally, with acral distribution and intact peripheral pulses. Clinical examination also revealed a palpable leftsided submandibular mass, cutaneous pallor, and stable vital signs. Cachexia was prominently, with a calculated body mass index (BMI) of 16 kg/m<sup>2</sup>.



Figure 1. Patient's fingers at presentation (hospital archive)

Laboratory investigations revealed severe normochromic normocytic anemia (Hb: 6.9 g/dL), and inflammatory syndrome characterized by an elevated white blood cell count, heightened C-reactive protein levels, and hypoalbuminemia. Consequently, the patient received 2 units of red blood cells, and low molecular weight heparin therapy was initiated.

The electrocardiogram (ECG) exhibited sinus rhythm and echocardiography did not identify any valvular vegetations, myxoma, or patent foramen ovale. A routine evaluation including complete blood cell count, peripheral smear, renal function tests, and urinalysis with eosinophil smear, yielded no significant findings.

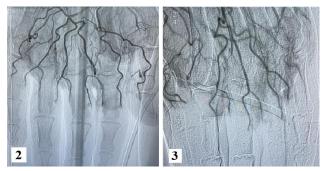
Subsequent evaluations included a comprehensive autoimmune panel comprising serum complement levels, cryoglobulins, rheumatoid factor (RF), anti-cyclic citrullinated peptide (CCP) antibodies, antinuclear antibodies (ANA), anti-neutrophil cytoplasmic antibodies (ANCA), anti-phospholipid antibodies, anti-Sjögren syndrome A and B antibodies. The results of these tests, along with serological screenings for HIV, syphilis, hepatitis B, and hepatitis C, were negative.

**Table 1**. Patient's deviant laboratory data at presentation (hospital archive)

Parameter	Value	Normal value
Chlorine	94	101-109 mmol/L
Sodium	124	136-146 mmol/L
Calcium	7.36	8.2-10.7 mg/dL
APTT	53.8	22-36 sec
Albumin	2.9	3.4-5.2 g/dL
Direct bilirubin	0.54	0-0.3 mg/dL
Total bilirubin	1.40	0-1.2 mg/dL
C-reactive protein	129.15	0-5 mg/L
Alkaline phosphatase	320	40-136 U/L
LDH	359	125-220 U/L
Gamma-glutamil transpherase	366	5-85 U/L
Urea	83.3	17-43 mg/dL
Creatinine	2.5	0.7-1.2 mg/dL

Cerebral imaging revealed no discernible lesions. Further imaging studies identified a laterocervical tumor mass measuring 56/43 mm, exhibiting peripheral iodine uptake and a parafluid center, with necrotic areas affecting the sternocleidomastoid muscle and parotid gland. Additionally, bilateral submandibular and mediastinal adenopathies were observed, alongside pulmonary metastases.

Furthermore, an angiography of the upper limb indicated the absence of vascularization at the level of bilateral proximal phalanges. The brachial, radial, and ulnar arteries were found to be patent, exhibiting a normal appearance.



**Figures 2 and 3**. Angiography images (from hospital archive)

Following a multidisciplinary evaluation involving specialists in vascular, surgery plastic surgery, otorhinolaryngology, and oncology, vasodilator therapy with Ilomedin (Iloprost) was initiated, along with palliative care due to the advanced stage of the disease. The patient received a titrated dose of iloprost intravenously for six hours per day, over a total of five days, and he exhibited a partial response to pain management. Throughout the hospitalization, the patient also received anticoagulants (low molecular weight heparin), analgesics, vasodilators (pentoxifylline, nifedipine). However, despite medical interventions, the clinical course was unfavorable, marked by local deterioration and the development of dry gangrene in the upper limb phalanges, which progressed to more extensive tissue necrosis, along with the onset of cyanosis in the lower limbs after one week. Subsequently, the patient developed hemodynamic instability, which ultimately led to death on March 22nd.



**Figures 4 and 5**. Fingers of the patient after one weekupper and lower limbs (from hospital archive)

#### Discussions

We chose to discuss this case due to the rarity of this clinical presentation and the difficulty in establishing a diagnosis. Thus, the initial symptomatology was consistent with Raynaud's syndrome, however, the rapid progression to ischemia and subsequent dry gangrene, along with the patient's history of oropharyngeal squamous cell carcinoma with pulmonary metastases, suggested alternative etiologies. It is important to mention that digital ischemia's differential diagnosis includes: Raynaud's phenomenon, Buerger's disease (thromboangiitis obliterans), autoimmune connective tissue diseases, vasculitis, and Hammer syndrome [3].

Although the literature on PAVS is scarce, insights from several seminal studies provide information on its epidemiology, clinical features, and association with malignancy. The correlation between cancer types and acral vascular syndrome is described in one article [1], with adenocarcinoma emerging as the predominant malignancy, notably at the level of gastrointestinal, gynecological, and pulmonary systems. Intriguingly, a slight female predominance was noted, typically manifesting symptoms around the age of 40. Le Besnerais et al. [3] further explored the temporal relationship between PAVS and cancer diagnosis, revealing variability in symptom onset relative to cancer detection. This emphasizes the critical need for vigilant monitoring of cancer patients to enable prompt intervention. Despite comprehensive investigation, the precise pathophysiology of PAVS remains elusive. Proposed mechanisms suggest tumor-induced vasospasm, microemboli, arteritis stemming from tumor antigenantibody complexes, and hypercoagulability due to tumor products [4,5]. While some studies have offered valuable insights into these mechanisms, further research is warranted to delineate their precise roles.

Treatment strategies for PAVS encompass a spectrum of measures, ranging from general interventions such as smoking cessation to vasodilator therapy. Vasodilators, including calcium channel blockers, angiotensin receptor blockers (ARBs), angiotensin-converting enzyme inhibitors (ACEIs), alpha-blockers, nitrates, prostacyclin analogs, and phosphodiesterase-5 inhibitors, have demonstrated efficacy. Additionally, antiplatelet and anticoagulant therapy may confer benefits, while severe cases may necessitate surgical interventions, such as sympathectomy or debridement [6]. Crucially, addressing the underlying cancer is paramount for alleviating symptoms associated with PAVS. The efficacy of chemotherapy or other cancer-directed therapies, and surgical resection in resolving vascular manifestations highlights the importance of addressing the underlying malignancy [2].

Furthermore, there have been reported associations between COVID-19 and acral lesions, suggesting a potential link between viral infections and vascular pathology. This underscores the necessity for a comprehensive differential diagnosis, particularly in the context of epidemics or pandemics [7].

Besides PAVS, a series of paraneoplastic syndromes in oropharyngeal carcinoma captured attention as far back as 50 years ago, prompting ongoing interest and investigation. Next, we will review these syndromes to show the importance of the multidisciplinary approach to these cases.

#### Bazex syndrome (Acrokeratosis Neoplastica)

Acrokeratosis paraneoplastica, commonly referred to as Bazex syndrome, is an uncommon paraneoplastic skin condition characterized by erythematous, violaceous, scaly plaques primarily appearing on the hands and feet, as well as other acral areas, such as the nose and ears. It is associated with various malignancies, and often appears prior to the cancer diagnosis. It is hypothesized that immunological mechanism, along with deficiencies in vitamin A or zinc and increased secretion of growth factors, may play a role in this phenomenon [8].

While in most cases, skin lesions resolve entirely with tumor treatment, there is an exception worth mentioning. In a unique instance [9], a male patient diagnosed with oropharyngeal cancer did not experience the disappearance of the lesions following anti-tumoral therapy. This situation raises the possibility of an additional underlying squamous cell carcinoma. **Table 2.** Neoplasms presenting with PAVS oranalogous clinical features (Raynaud's phenomenon,Bazex, and digital ischemia) which may suggest thepotential presence of an underlying malignancy

PAVS	LYMPH NODES	2021, AlRasbi [10]
	SKIN	2017, Gambichler [11]
	PANCREAS	2018, Maharaj [12]
	LUNG	2020, Jud [13]
	LIVER	2020, Olivito [14]
	ASTROCYTE	2020, Bilancini [15]
	UTERUS	2022, Yoshizaki [16]
RAYNAU	LUNG	2010, Schildman [17] 2012, Scheinfeld [18] 2012, Madabhavi [19] 2016, Wang [20] 2021, Lokineni [21]
	THYMUS	2015, Gong [22]
	OVARY	2020, Lai [23]
DIGITAL ISCHAEMIA	COLON AND RECTUM	2017, Schattner [24]
	LYMPH NODES	2018, Villano [25]
	LUNG	2010, Moulakakis [26]
	TONSIL	2016, Warrier [27]
	PROSTATE	2021, Ilie [28]
	LUNG	2016, Amano [29] 2011, Zarzour [30]
	OVARY	2015, Hempen [31]
CA	LIP	2022, Gaurav [32]
ACROKERATOSIS PARANEOPLASTIC	PANCREAS	1995, Halpern [33] 2020, Horton [34]
	ESOPHAGUS	2013, Rodrigues [35] 2008, Medenica [36]
	COLON	2008, Baek [37]
	T-CELL	2019, McClatchey [38]
	CERVIX	2016, Squires [39]
	LIVER	2022, Holzgruber [40]

#### <u>Hypercalcemia</u>

Oropharyngeal cancer has the potential to induce pseudo-hyperparathyroidism or ectopic PTH syndrome due to the production of PTH-like substances by the tumor. Consequently, affected individuals may manifest hypercalcemia as a paraneoplastic syndrome. In a study conducted in the early 1970s, Terz et al. investigated the prevalence of hypercalcemia associated with this type of cancer [41]. Among 240 patients, 20 were identified with hypercalcemia, and 5 of them were selected for detailed analysis. Notably, none of the 5 patients exhibited bone metastases, and the hypercalcemia resolved following the treatment of the tumor, such as radiotherapy. This secretion of PTH-like substances is also reported in a case report of squamous carcinoma of the tonsil [42].

#### Paraneoplastic neurological syndromes (PNS)

PNS encompasses a range of neurological disorders arising from an aberrant immune response directed at the nervous system, often triggered by a distant tumor. These disorders often present themselves before identifying the associated underlying neoplasm. The three case reports below outline some unique disorders that find their roots in oropharyngeal carcinoma.

In a 2011 study [43], researchers explored the potential occurrence of paraneoplastic encephalomyelitis. While not definitively established, the authors suggested that it could be a manifestation linked to either oropharyngeal or lung cancer. The patient under investigation presented with hypoesthesia to cold and hot stimuli in the right limb. Despite corticotherapy, symptom improvement did not occur, leading to the conclusion that it might be a PNS. Subsequent diagnosis revealed the presence of both oropharyngeal and lung cancer. The recurrence of the pulmonary neoplasm a year later raised the possibility that the paraneoplastic encephalomyelitis originated from the previous malignancy, but other investigations suggest the possibility of an oropharyngeal origin.

In a case report detailed by Yong et. al [44], a patient suffering from oropharyngeal cancer presented at the hospital with complaints of memory issues, orientation difficulties, handwriting problems, mood swings, and disequilibrium. After oncologic treatment, the patient experienced partial recovery of these cognitive functions, though some residual effects persisted. It should be noted that the sooner a patient presents to the hospital, the greater the likelihood of achieving complete recovery.

**Table 3.** Summary of the paraneoplastic manifestations of oropharyngeal cancer

Condition	Suggested etiology	Source
Bazex	Immunologic mechanisms Tumor secretion of GF Lack of vitamin A or zinc	[8,9]
Hypercalcemia	Pseudo-PTH	[41,42]
PNS (dizziness, PCD-LEM, encephalomyelitis)	Aberrant immune response directed at the nervous system	[43-45]

A distinct syndrome identified through extensive research in scientific databases is the combination of Paraneoplastic Cerebellar Degeneration and LambertEaton Myasthenic Syndrome (PCD-LEM). While these syndromes are commonly associated with small-cell lung carcinoma, investigations have revealed instances where oropharyngeal carcinoma can also trigger their manifestation. A 78-yearold man presented with dysphagia, dysarthria, and muscle fatigue was found suffering from small-cell neuroendocrine carcinoma of the oropharynx [45]. After further investigations, the absence of deep tendon reflexes and a calculated SARA score of 13.5 was reported. Scientific evidence supports the notion that anti-tumor treatments have demonstrated efficacy in repairing certain neurological damage associated with PCD-LAM. There is a belief among researchers that, had the therapy been initiated at an earlier stage, a complete recovery of neurological functions might have been achievable.

## Conclusions

The presented case underscores the intricate nature of managing advanced-stage oropharyngeal squamous cell carcinoma with distant metastases, highlighting the necessity of multidisciplinary care and palliative interventions to effectively address symptoms and enhance the quality of life in afflicted individuals. The diagnostic and therapeutic complexities associated with Paraneoplastic Acral Vascular Syndrome (PAVS) further emphasize the importance of a collaborative, multidisciplinary approach for optimal management. Given the ongoing challenges in understanding its pathogenesis and refining treatment modalities, rigorous investigation is essential to elucidate the underlying mechanisms driving this condition and to develop effective therapeutic strategies. Ultimately, collective efforts aimed at enhancing our understanding of PAVS and optimizing its management hold significant promise for improving outcomes and alleviating the burden of this condition on affected patients.

### Compliance with ethical standards

Any aspect of the work covered in this manuscript has been conducted with the ethical approval of all relevant bodies and that such approvals are acknowledged within the manuscript. Informed consent was obtained from all subjects involved in the study.

## Conflict of interest disclosure

There are no known conflicts of interest in the publication of this article. The manuscript was read and approved by all authors.

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