

An International Comparison of Law Enforcement Stress and Professional Satisfaction

Holly Buckman, Agata Freedle, Amanda Tuohy, Amanda Zelechoski

Departmental Affiliation: Psychology
College of Arts and Sciences

This study was a cross-cultural comparison of stress and coping styles in the U.S. and England. To date, no studies have directly compared police officer stress in the U.S. and England. Police officers were recruited to complete surveys on stress, coping strategies, and job satisfaction. Data collection in England is ongoing, but U.S. results indicate that organizational stress impacted law enforcement officers (LEOs) more than operational stress. Environmental and educational factors also had a significant effect on reported stress. However, marital status was the only factor that influenced which coping strategies LEOs used. This poster will discuss the findings of this study, as well as discuss policy implications relating to stress response strategies.

Information about the Authors:

All of the authors are members of Professor Zelechoski's Psychology, Law, and Trauma Lab and are planning to pursue careers in clinical or counseling psychology.

Faculty Sponsor: Dr. Amanda Zelechoski

Student Contact: holly.buckman@valpo.edu