

5-3-2014

# An International Comparison of Law Enforcement Stress and Professional Satisfaction

Holly Buckman

*Valparaiso University*, [holly.buckman@valpo.edu](mailto:holly.buckman@valpo.edu)

Agata Freedle

*Valparaiso University*

Amanda Tuohy

*Valparaiso University*

Amanda Zelechowski

*Valparaiso University*

Follow this and additional works at: <http://scholar.valpo.edu/cus>

---

## Recommended Citation

Buckman, Holly; Freedle, Agata; Tuohy, Amanda; and Zelechowski, Amanda, "An International Comparison of Law Enforcement Stress and Professional Satisfaction" (2014). *Celebration of Undergraduate Scholarship*. Paper 316.

<http://scholar.valpo.edu/cus/316>

This Poster Presentation is brought to you for free and open access by the Office of Sponsored and Undergraduate Research at ValpoScholar. It has been accepted for inclusion in Celebration of Undergraduate Scholarship by an authorized administrator of ValpoScholar. For more information, please contact a ValpoScholar staff member at [scholar@valpo.edu](mailto:scholar@valpo.edu).

## **An International Comparison of Law Enforcement Stress and Professional Satisfaction**

Holly Buckman, Agata Freedle, Amanda Tuohy, Amanda Zelechowski

*Departmental Affiliation:* Psychology  
College of Arts and Sciences

This study was a cross-cultural comparison of stress and coping styles in the U.S. and England. To date, no studies have directly compared police officer stress in the U.S. and England. Police officers were recruited to complete surveys on stress, coping strategies, and job satisfaction. Data collection in England is ongoing, but U.S. results indicate that organizational stress impacted law enforcement officers (LEOs) more than operational stress. Environmental and educational factors also had a significant effect on reported stress. However, marital status was the only factor that influenced which coping strategies LEOs used. This poster will discuss the findings of this study, as well as discuss policy implications relating to stress response strategies.

*Information about the Authors:*

All of the authors are members of Professor Zelechowski's Psychology, Law, and Trauma Lab and are planning to pursue careers in clinical or counseling psychology.

*Faculty Sponsor:* Dr. Amanda Zelechowski

*Student Contact:* [holly.buckman@valpo.edu](mailto:holly.buckman@valpo.edu)